

Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include someone , please get in touch now, with name and date of birth.

Happy Birthday Blessings to :

Ann Davies: she celebrates 84 years on 13 August !

Trefor Foulkes: he celebrates 82 years on 22 August !

We wish you all many more years of health and happiness!

What do we show on this month's cover? The chains of St Peter. in Rome. Who was St Peter? Remembered as the apostle who famously denied Christ three times, he subsequently became "the rock on which the church was built". As a former fisherman he is patron saint of net makers, fishermen and shipbuilders and because he holds the keys of heaven, he is also the patron saint of locksmiths. His main feast day is on 29 June. However, my first introduction to "St Peter in Chains", was a few years ago, in the shrine of our Lady of Walsingham, in Norfolk. A new accommodation block had named each room after a saint, and I was fascinated by this one. As 1st Aug is the liturgical feast day of the Liberation of St Peter, when better than now, to write about why he was imprisoned and how he was set free? Peter was first imprisoned in the Mamertine Prison in Rome, known as the prison of the apostles Peter and Paul. It was originally built in the 7th century BC, by Ancus Marcus, and prisoners were lowered through an opening into an even deeper dungeon. There is a church built on this lower site, known as S Pietro in Carcere. The cross on the altar is upside down, since according to tradition, St Peter was crucified in this way – he considered himself unworthy to die in the same way as his beloved Master. The spring at the bottom of the pit was used by St Peter to conduct baptisms. Peter's imprisonment is well documented, as he was a Roman citizen and his decree of incarceration was signed by the emperor Nero. Peter's second imprisonment was in Jerusalem, when he was shackled, by the orders of Herod Agrippa, in an iron chain for preaching about Jesus. The night before his trial, St. Peter was said to have been released from the chain by an angel and led out of the prison. Legend says that when the Empress Eudoxia (wife of Valentinian III) gave the second chain to Pope Leo I, he held it next to the chains from Peter's first imprisonment in the Mamertine Prison in Rome and the two chains miraculously fused together. The empress had received the chains from her mother, who had been gifted them by the bishop of Jerusalem. What a history! **Today, this mix of chains is housed in a reliquary under the main altar in the San Pietro in Vincoli (Saint Peter in Chains) basilica in Rome, which is near the Colosseum, and which also houses Michelangelo's statue of Moses.** It is also known as the Basilica Eudoxiana, after the benefactress. There is a church in the UK which is thought to have been dedicated to St Peter ad Vincula, on his feast day in 1110, by Henry I, but it has no chain relics. It does however have its own sad history, as it was the parish church of the Tower of London, and is the burial place of some famous people executed within, such as Queen Anne Boleyn, Queen Catherine Howard, Lady Jane Gray, Thomas Cromwell and Sir Thomas More. Their corpses would have been carried by gaolers with no mourners allowed to follow. The church is a 'Royal Peculiar', in that it is currently under the jurisdiction of the monarch, rather than the diocesan Bishop.

Birthday blessings to Rob Wardle on the 6th, and to Jane Bailey on the 14th!

The Monday evening 'on line Prayer group' has become popular, for "short notice" prayers ! We sometimes don't get much warning of sudden illness and death! For prayers to be included—please contact **Jane Bailey** 810827

**BRO CYBI / HOLY ISLAND MINISTRY AREA
PASTORAL CARE CIRCLE
AUGUST 2021**

Ministry Area Leader/Vicar: Rob Wardle 07710 173177

Associate Vicars : Neil Ridings: 01407 861663

Jane Bailey : 01407 810827

Andy Herrick : 01407 861084



We are looking forward to life getting back to some sort of normality, so that when you cannot come to church, the church will come to you again!

Our pastoral care visiting team has grown in size, to allow us to reach out to even more people, as soon as we are allowed. We know that in some areas loneliness can be a huge problem, especially if your family live away, or if you are new to the town or village.

Please don't feel that you are on your own—we are just a phone call away! Some of you might like us to call for a friendly chat, others might like to receive Holy Communion, either in your own home, in hospital or in a care or nursing home. Others prefer a telephone call, just to be reminded that we are thinking of you. Remember that if we don't know that you need us, we sadly cannot help you, so someone please get in touch on your behalf!

**For anything to be included in this leaflet, please contact:
Pat: 01407 860412 or email:patriciahughes2017@gmail.com Thank you.**

Your prayers for the sick are asked for:

Sunday: Brian Wray, Brenda Borsby, Mike Boylin, Monica Griffiths, Judy, Ann Davies, Emma (in the US), Julie Clarke and family, Rachel (Katie Jones's grand daughter,) Joanne, Shirley Jones.

Let us know the name of anyone who needs our prayers, and their carers.

Wednesday: Hannah, Trevor Peacock, Menna Screech, Barbara Smith, Rosemary Tucker, Huw Thomas, Megan Morgan, Glenys Barton, Margaret Williams.

Prayers for any other reason:

Angela, Laura, Pam, The Cuthbertson Family,

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace: 'I am the resurrection and the life' ...

Roan Thomas (cot death,) Anya (age 5,) Margaret Parry, Jane Williams.

Please pray for the families and friends who grieve for their loved ones.

Grief is love with no where to go!

Anniversaries of death:

August 01-07: Helen Fraser, Frank Henry Gannon, Annwen Sarah Llewelyn.

August 08 -14: Bob Hughes, William Evan Thomas, Dorrie Mortimer, David Lewis, Audrey Coyne, Mel Morgan, Godfrey John Tonkin, Bob Parry, Elwyn Lewis.

August 15- 21: Dilys Beryl Edwards, William Kenneth Gray, Ted Williams, Hugh Williams, Daphne King Brewster, Reginald Francis Wright, Lily Hambley, Eileen Kathleen Thomas, William Sanderson, Christine Hanbury.

August 22-28: Kenneth Lewis, Susan Heath, Hugh Richard Evans.

August 29-Sept 04: Ambrose Atkinson, Cedric Jones

Internment of ashes: Tudor Jones

Grieving is nature's way of giving us space to accept the loss of those we love. It's a time to be very gentle with yourself.

If you have lost loved ones, and you wish to remember them in the Anniversaries of Death section, please get in touch as soon as possible. The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please.

It is very comforting to many people, to read and hear the name remembered.

Annual charity shop. Although it was a really hot week, with few people on the high street, Betty and her team succeeded in raising £900 in five days. Thanks to all who donated, all who sold and all our customers. Chris Medley won the raffle, which was a food hamper.

As so many of us are back in church, we will make sure that copies of this and future PCCs are available for you to pick up in each of our four buildings. Some of you have already chosen to receive on line. We are delighted to keep home delivering to those who still need us to do so. Thank you.

Please pray for these couples recently married : we wish them every happiness !

03 July: St Gwenfaen: Leslie John Davies and Sarah Christine Fox

17 July: St Ffraid: Casey Trevor Jones and Natalie Williams

Wedding Blessings :

27 July: St Cybi : Janine Alicia Ann Fell and Kevin Mark Fell. Due to Covid restrictions, Kevin's Mum and Dad, Ann and David Fell, and his sisters Karen and Susan, were unable to travel to Ireland to attend their wedding. Since then, it has been Ann's dearest wish to hear Janine and Kevin remake their marriage vows in God's house, together with their 'Holyhead' family. We wish Janine and Kevin every happiness in their married life!

Interesting dates in the month of August : On the **2nd**, in **1100**, King William II (Rufus) was killed in mysterious circumstances by a crossbow bolt, while hunting in the New Forest. His ghost is said to still haunt the woods. On the **24th** in **1875**, Captain Matthew Webb started his attempt in Dover, (Kent) to become the first person to swim the English Channel. He reached Calais in France after having been in the water for 22 hours. On the **28th** in **1207** Liverpool was created a borough by King John.

The **St. David** Thurs line dancing group is going from strength to strength—Yee—Haw!

St Gwenfaen's Walk to the Well - Sunday 8 Aug. Communion Service in church as usual, **9:15 am**. Walk starts from the church hall at **10:30am** for a **Blessing at the Well**. Return to the hall for **refreshments** at **12 midday** – outdoors, weather permitting. People may stay at the hall, awaiting return of walkers - toilet facilities open. Extra parking at the field at Haulfryn (posters will show the entrance). The event is supported by the Holy Island Landscape Partnership—who will display a banner at the hall. **All are most welcome to enjoy this with us!**

St Ffraid will be open to visitors throughout August from 10.0am—4.0pm (not Sun) All will be most welcome!

We all know the meaning of the term "hung over" – but what was the origin?

In large cities, the homeless and destitute now may choose cardboard boxes in which to spend the night. In Victorian England, if you lived on the streets, and had managed to make a little money during the day, you could spend the night in one of three ways, depending on the amount earned! One old penny would buy you a "sit up". This meant that you could sit bolt upright in an unheated hall, so you were dry but cold, and there were people employed to prod at regular intervals, to make sure there was no sleeping in a sit up! If you had two old pennies left over from a night of drinking, this would allow you to sleep "hung over" on a rope from the waist, stretched from wall to wall, to fit in as many bodies as possible. It was not comfortable, rather like leaning over a fence, and to ensure you didn't over sleep, the rope was cut at 5 or 6 am each morning. Many could not be woken, having frozen to death overnight! A more comfortable option was the Salvation Army "coffins," costing four or five old pence per night. These were narrow wooden boxes laid out in rows on the floor, and pieces of oilcloth or leather blankets were supplied as bed linen. The downside to this were the bugs, which could not escape from the box. These prices were charged to those lucky to be able to earn nine old pence per day! The need for Britain's first homeless shelters was great, and towards the end of the nineteenth century they were able to be supplied free!

August Walsingham Mass : Saturday. 7th at 11.30 am in St Cybi's Church. Maybe you have already visited the Norfolk Shrine, or are perhaps curious, and want to know more? All are very welcome but please do book-in for the service. Contact: Pat: 860412

Please pray for these who are newly baptised !

04 July: St Cybi: Gabriel William John Jenkins

11 July: St Cybi: Henry Arthur Perdue

18 July: St Ffraid: Amelia Rossington-Owens

18 July: St Ffraid: Thomas Christopher Owens

18 July: St Ffraid: Grace Angharad Thomas (adult)

18 July: St Ffraid: Blake William Thomas (adult)

18 July: St Ffraid: Eabha Peace Ada Webster (adult)

We welcome them as the newest members of our church family!

Everyone in your life was meant to be with you on your journey, but not all of them were meant to stay until the end!