

Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include someone, please get in touch now, with name and date of birth.

Happy Birthday Blessings to:

Ann Roberts : she celebrates 84 years on 9 July!

Barbara Swaine Williams: she celebrates 88 years on 31 July!

We wish you all many more years of health and happiness!

What do we show on this month's cover? On the left, an image of a statue of the boy Saint Pancras; on the top right, an image of St Pancras Old Church, London, and bottom right, an internal image of the London station of the same name. Who was Pancras and what are the connections? The young boy was a Roman citizen, who had experienced quite a sad start in life. His mother had died in childbirth, and his father died when the lad was eight, leaving him in the care of an uncle. They both converted to Christianity, and Pancras became a zealous upholder of the faith, even at that young age! During a routine savage persecution of Christians, the lad was brought before the authorities, and was asked to perform a sacrifice to the Roman gods, which would have been a betrayal of his Christian beliefs. He refused. The emperor offered him wealth and power to try to change his mind. He continued to refuse and was beheaded in 304, a martyr aged just fourteen! A Roman lady arranged for his burial in a newly built sepulchre in the Roman catacombs. A basilica was later built on the site, and his head was placed in a reliquary which exists to this day, in this basilica of St Pancras in Rome. His name is Greek, and means "the one that holds everything." When Augustine was sent to England, in the seventh century, he brought with him relics of this amazing young saint. St Pancras Old Church in London is believed to be one of the oldest sites of Christian worship in England. In addition to 100 graves from WW1 and WW2, St Pancras Cemetery was the last resting place of Cora Henrietta Crippen, wife and victim of the notorious Dr Crippen, and also of Henry Croft, the first pearly king! Six miles from here is the site of our final image: St Pancras International Station. This was originally opened in 1868, after original problems with the International Exhibition 1862. The Midland Grand Hotel, a Grade 1 listed building, was built soon after. It was originally designed by Sir George Gilbert Scott, who also designed our own Stanley Chapel, in St Cybi's Church. The hotel was refurbished in 2011, and re-opened as a hotel and apartment block. Over the years it has featured in many films: Richard III; The Long Dark Teatime of the Soul, Spice Girls video "Wanabe", Batman Begins, The Secret Garden, Most Haunted Live, and Harry Potter – The Chamber of Secrets. Close by is the British Library. The station, which has a long history, was named as St Pancras International in 2007, and opened by the Queen and Prince Philip. Because of its immediately recognisable façade, it has been named as the "cathedral of the railways." The station is the London terminus for Eurostar's high speed trains, taking passengers via the channel tunnel, to Paris, Brussels, Amsterdam and Lille (24 trains daily to Paris and 9 to Brussels.) Non-stop, the journey to Paris takes 2hrs 15mins, and 1hr 50 to Brussels. The station displays several bronze statues, and is unusual in that it is the home to several upright pianos, which are available for the public to play! **In 2020, it was named as Europe's most passenger friendly railway station, even though foreign travellers sometimes refer to it as St Pancreas!**

Just a reminder! Services have resumed in all four churches. St Cybi: Wednesday: 10.30am: Sunday: 11.0am; St David: Sunday: 9.15am: St Ffraid: Sunday: 11.0am: St Gwenfaen: Sunday: 9.15am. If you haven't already started back, we hope to see you very soon! Please don't forget to make a reservation!: St Cybi / Pat / 860412: St David/ Gill/ 760175: St Ffraid / Marj / Lesley: St Gwenfaen / Edna / Susan. Thank you!

Every single day, when you wake up, think "this just could be the best day of my life" Look out of the window, and wonder what is going to happen! It's a real sense of the brilliance of being alive!

**BRO CYBI / HOLY ISLAND MINISTRY AREA
PASTORAL CARE CIRCLE
JULY 2021**

Ministry Area Leader/Vicar: Rob Wardle 07710 173177

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We are looking forward to life getting back to some sort of normality, so that when you cannot come to church, the church will come to you again!

Our pastoral care visiting team has grown in size, to allow us to reach out to even more people, as soon as we are allowed. We know that in some areas loneliness can be a huge problem, especially if your family live away, or if you are new to the town or village.

Please don't feel that you are on your own—we are just a phone call away! Some of you might like us to call for a friendly chat, others might like to receive Holy Communion, either in your own home, in hospital or in a care or nursing home. Others prefer a telephone call, just to be reminded that we are thinking of you. Remember that if we don't know that you need us, we sadly cannot help you, so someone please get in touch on your behalf!

**For anything to be included in this leaflet, please contact:
Pat: 01407 860412 or email:patriciahughes2017@gmail.com Thank you.**

Your prayers for the sick are asked for:

Sunday: Brian Wray, Brenda Borsby, Mike Boylin, Monica Griffiths, Judy, Anya (age 5), Ann Davies, Emma (in the US), Julie Clarke and family, Rachel (Katie Jones's grand daughter), Joanne.

Let us know the name of anyone who needs our prayers, and their carers.

Wednesday: Hannah, Trevor Peacock, Menna Screech, Barbara Smith, Rosemary Tucker, Huw Thomas, Megan Morgan, Glenys Barton, Margaret Williams.

Prayers for any other reason:

Angela, Laura, Pam,

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace: 'I am the resurrection and the life' ...

William Henry Jones (Billy), David Lloyd Jones, Aria Costilla, Ann Cuthbertson, Dilys Jones, Joyce Murphy.

Please pray for the families and friends who grieve for their loved ones.

Death leaves a heartache that no one can heal, love leaves a memory no one can steal.

Anniversaries of death:

July 04-10: Harry Ashton.

July 11-17: Denver Cooper.

July 18 -24: Ellen Wynne Griffiths, Ella Roberts, Brenda Manley Williams.

July 25-31: Dillwyn Jones, Joshua Jones, Evan Francis Evans, Elinor Lake, Mary Glenys Phillips.

Aug 01-07: Helen Fraser, Frank Henry Gannon, Annwen Sarah Llewelyn.

Grieving is nature's way of giving us time to accept the loss of those we love. It's a time to be very gentle with yourself.

If you have lost loved ones, and you wish to remember them in the Anniversaries of Death section, please get in touch as soon as possible. The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please.

It is very comforting to many people, to read and hear the name remembered.

Betty Abbit (763868) is organising our annual charity shop, usual place, between 19-23 July. Please bring your donations in to the shop during the afternoon of Sunday 18th July. Any offers to serve in the shop will also be much appreciated. Thank you.

As so many of us are back in church, we will make sure that copies of this and future PCCs are available to pick up in each of our four buildings. Some of you have already chosen to receive on line. We are delighted to keep home delivering to those who still need us to do so. Thank you.

Thanks for prayers answered: Mike Boylin, has had his left knee replaced, and is recovering well! He and Sylvia have been very grateful for our prayers but would appreciate them to continue, please, until he is completely well. Thank you all!

Please pray for this couple recently married: we wish them every happiness!

26 June: St Gwenfaen: Robert Glyn Evans and Philippa Louise Fisher

June Walsingham Mass: We so enjoyed meeting and worshiping together once again— it really felt like old times! Our next one is planned for Saturday, 10th July, 11.30 am at St Cybi's Church. Maybe you have been curious, and want to know more? All are very welcome but please do book-in for the service. Contact: Pat: 860412

The lively ladies of St Davids have resumed their entertaining ways! They recently hosted a socially distanced afternoon tea, which was thoroughly enjoyed by all! Rumour has it that a socially distanced line dancing class has also started!

Interesting dates in the month of July: On the 4th in 1845, Thomas Barnardo the founder of homes which cared for 60,000 poor and deprived children, was born in Dublin. His father was of Jewish descent and his mother was a member of the Plymouth brethren. On the 20th in 1715, early in the reign of George 1, the Riot Act took effect in Britain. If 12 or more people were disturbing the peace, a figure of authority was required to command silence, and to disperse them to their homes, or places of business. Anyone who failed to obey within one hour, faced arrest. How times have changed!

Prayers for the sick, and for any other reason! As we wrote last time, periodically we have to have a "spring clean" of names, to ensure that our lists are always up to date. This hasn't been possible during lockdown, as so many have needed our prayers! So, from this July edition of this PCC, we have deleted all names, but as you can see, we are very happy for you to place names back on the list, if this is needed. You may also place new names on, in the usual way -email Pat: patriciahughes2017@gmail.com or ring 860412. I've always got a notepad and pen with me, even when out and about. When prayers are answered, please tell us, so that we may include the name in the "thank you" section. This means that the whole ministry area can then be grateful! This is the very best part of putting these pages together! Thank you!

St Cybi – 2021 tourist guiding team. As with other tourist destinations, 2020 and early 2021 have been disastrous for St Cybi. However, we have started welcoming visitors again from 28 June 2021, and although there are new Covid regulations, it felt like we and they had never been away! The cruise ship schedule for the rest of this year, shows that 20 vessels are expected from 6 July. Added to this, can be the fact that already many holiday makers have stumbled in whenever the door has been seen to be open! Our team consists of experienced guides, Rotary colleagues and new volunteers already in training. If you would like to join the team, but cannot commit to a regular two hour shift each week, maybe you could please offer to cover for sickness or holiday relief? We thank Archdeacon Andy who has created our new name badges, Pat has provided the information folders, Rob has provided the Covid Health & Safety training and Nigel has been in charge of hands on instruction. A great team effort!

Friendship isn't about who you've known the longest, it's about who walked into your life, said "I'm here for you," and proved it!

On 2 July 1865, in the East End of London, Methodists William and Catherine Booth took the word of God, directly to the people in the streets. Theirs was a doctrine of practical Christianity, to improve life both socially and spiritually for the most vulnerable and marginalised people. Initially called the Christian Mission, the name changed in 1878 to what we now know as the Salvation Army. Their work included setting up shelters for people who were homeless, a family tracing service, running soup kitchens, helping people living in the slums and setting up rescue homes for women fleeing domestic abuse and prostitution. The couple also oversaw the world's first free labour exchange and campaigned to improve working conditions. Five food shops were opened in London, where a three course meal could be bought very cheaply. Their son Bramwell rose at 3.0am and pushed a wheel barrow four miles to Covent Garden to collect discarded vegetables. He bought a few sacks of bones, and boiled together, all produced a really wholesome stew. Ten years later, they provided "farthing breakfasts," (a quarter of an old penny) in seventeen centres across London. These consisted of a mug of cocoa and a bread roll, spread with margarine and jam, and were much appreciated by school children, who otherwise would have gone to school hungry. A remarkable Victorian couple, with ideas truly ahead of their time!

The Monday evening 'on line Prayer group' has become popular, for "short notice" prayers! We sometimes don't get much warning of sudden illness and death! For prayers to be included—please contact **Jane Bailey** 810827