

**Do not regret growing older—it is a privilege denied to many!**

**Join our 80+ Happy Birthday Corner!**

**To include someone , please get in touch now, with name and date of birth.**

**Happy Birthday Blessings to :**

**Shirley Jones :** she celebrates 88 years on 1 March!

**Frances Iliffe:** she celebrates 83 years on 15 March!

**Menna Screech:** she celebrates 91 years on 24 March !

**Keith Bryant:** he celebrates 81 years on 25 March !

**Mary Halford:** she celebrates 85 years on 31 March !

**We wish them many more years of health and happiness!**

**What do we show on this month's cover?** Continuing with our theme of pilgrimage, from as early as 300 AD, Christian pilgrims wished to see the places where Jesus, his mother and the apostles had lived on earth. So this month, we journey to the **Holy Land** through the ages. Our cover shows a map of **Jerusalem**, drawn between 1000 and 1400 AD, during the latter part of the medieval period. Jerusalem is one of the oldest cities in the world, tracing back to 4000 BC. The term "Holy Land" usually refers to a territory roughly corresponding to the modern State of Israel, the Palestinian territories, western Jordan, and parts of southern Lebanon and of south western Syria. Jerusalem was a holy city and for Medieval Christians it was the centre of their spiritual world. Equally, Jews and Muslims all regarded it as holy. The Roman emperor Constantine, and his mother Helena, built in the 4<sup>th</sup> century, a basilica at the place where Christ was crucified, and a rotunda around the Holy Sepulchre, the site of Jesus' burial and resurrection. Just inside the church entrance is a stairway leading up to Calvary, traditionally regarded as the site of Jesus' crucifixion and this is the most lavishly decorated part of the church. This church of the Holy Sepulchre, sometimes known as the Church of the Resurrection, in the Christian Quarter of the Old City of Jerusalem became the holiest site in Christendom. This church was destroyed by a Muslim caliph, early in the 11<sup>th</sup> century, but was rebuilt after the first crusade. Within the church are the last five stations of the Via Dolorosa, (street of sadness,) representing the final episodes of Christ carrying his cross, and his death. Pilgrims were amazed that so many sacred sites could be fitted into a single building, and often also travelled to Nazareth to the site of the Annunciation and to Cana, a village nearby, thought to have witnessed the first miracle. Bethlehem, of course was popular - to visit the "Church of the Nativity," and sometimes further on into Egypt, to visit Old Testament sites. The Arab conquest of the Holy Land in 638 AD, didn't interrupt the pilgrimage into Muslim-controlled lands, since the Arabs were quite tolerant to pilgrims. However, when the Turks took control of Jerusalem in 1071, pilgrimages became more challenging and dangerous. It was the information that the Turks had massacred a group of 12,000 German pilgrims on Good Friday in 1065, that became the catalyst for the First Crusade. In 1095, Pope Urban II promised the Christian knights of Europe forgiveness of their sins if they went on a Crusade to win back Jerusalem for Christianity. 10,000 responded by taking the cross and showed this act by cutting out red crosses before sewing them into their tunics. The city was taken back in 1099. Organized by western European Christians until 1291, crusades were military expeditions to check the spread of Islam which had conquered two thirds of the ancient Christian world, and to retake control of the Holy Land. They continued in a smaller way for several centuries after 1291, but declined rapidly during the 16th century with the advent of the Protestant Reformation and the decline of papal authority.

After the crusades, in 1516, Jerusalem was taken over by the Ottoman Empire (capital—Constantinople.) The rule of Suleiman the Magnificent, 1520-1566, brought an age of "religious peace"; Jew, Christian and Muslim enjoyed freedom of religion and it was possible to find a synagogue, church and mosque on the same street. This Ottoman Empire ruled Jerusalem and much of the Middle East from about 1516 to 1917. After World War I, Great Britain took over Jerusalem, which was part of Palestine at the time. The British controlled the city and surrounding region until Israel became an independent state in 1948.

**Be kind to unkind people , they probably need it most of all. Ashleigh Brilliant**

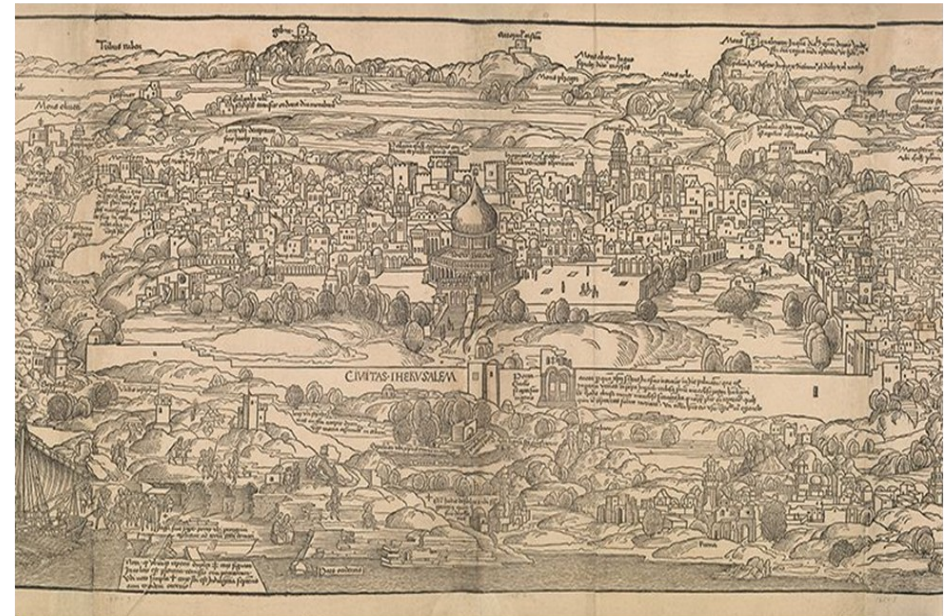
**BRO CYBI / HOLY ISLAND MINISTRY AREA  
PASTORAL CARE CIRCLE  
MARCH 2021**

**Ministry Area Leader/Vicar: Rob Wardle 07710 173177**

**Associate Vicars : Neil Ridings: 01407 861663**

**Jane Bailey : 01407 810827**

**Andy Herrick : 01407 861084**



**We are looking forward to life getting back to some sort of normality, so that when you cannot come to church, the church will come to you again!**

**Our pastoral care visiting team has grown in size, to allow us to reach out to even more people, as soon as we are allowed. We know that in some areas loneliness can be a huge problem, especially if your family live away, or if you are new to the town or village.**

**Please don't feel that you are on your own—we are just a phone call away! Some of you might like us to call for a friendly chat, others might like to receive Holy Communion, either in your own home, in hospital or in a care or nursing home. Others prefer a telephone call, just to be reminded that we are thinking of you. Remember that if we don't know that you need us, we sadly cannot help you, so someone please get in touch on your behalf!**

**For anything to be included in this leaflet, please contact:**

**Pat: 01407 860412 or email:patriciahughes2017@gmail.com Thank you.**

### **Your prayers for the sick are asked for:**

**Sunday:** Gwen, Hannah, Alan Taylor, Sandra Recourt, Ann Cuthbertson, Keith Bryant, Betty Pepper, Rosemary Tucker, Christopher Evans, Michael S, Rob B, Enid Jones, Sue, Brian Wray, Claire Bailey, David, Brenda Borsby, Myfanwy Newman, Irene Garden, Pat C, Tudor Jones, Monica Griffiths, Henry Roberts, Sue C, Slobodanka, Glenys Williams, Eve Morris.

**Let us know the name of anyone who needs our prayers, and their carers.**

**Wednesday:** Trevor Peacock, Menna Screech, Barbara Smith, Gwilym Lewis, Huw Thomas, Megan Morgan, Glenys Barton, Margaret Williams, Elizabeth Walker, Avril Foulkes.

**Prayers for any other reason:** Laura, Pam Edwards, Maurice, Angela Hillman, Kath and Eric Williams with Katie and Graham.

**If you need us to pray for you for any reason at all, please let us know.**

**Rest in Peace:** 'I am the resurrection and the life' ...

Ian Marshall Garden, David Williams, Robert Stanley White, Nia Williams, Raymond Billinton, Ann Farson.

**Please pray for the families and friends who grieve for their loved ones.**

**Death leaves a heartache that no one can heal, love leaves a memory no one can steal.**

### **Anniversaries of death:**

**Mar 07 -13:** Megan Mills –Williams, Sarah Louise Allcott.

**Mar 14-20:** Joseph Collins—Jones, Dale Evans, Nicola Brady, Gladys Cunningham, Olga Wright.

**Mar 21-27:** Stanley Henry Eaton, Vera Dunn.

**Mar 28-Apr 03:** Agnes Collins-Jones, Nicola Waddington.

**Grieving is nature's way of giving us time to accept the loss of those we love. It's a time to be very gentle with yourself.**

**If you have lost loved ones, and you wish to remember them in the Anniversaries of Death section, please get in touch as soon as possible.** The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please.

**It is very comforting to many people, to read and hear the name remembered.**

On **28<sup>th</sup> in 2021**, we celebrate **Palm Sunday**, the first day of **Holy Week**, when Jesus entered Jerusalem in humility on a donkey. Churches traditionally hand out palm leaves, to be kept in homes as a daily reminder of the Victory of Christ. One way people have given more meaning to the palm leaf is to form it into the shape of a cross. As we will still be in lockdown this year, many of you will have already requested delivery of **palm crosses** to your homes. Originally called the Great Week, which culminates on **Easter Day, 4 April 2021**, it is believed that Christ rested with friends in Bethany, in preparation for the Passover. Wednesday was the day on which Judas plotted to betray Jesus. **Maundy Thursday** remembers this betrayal and the institution of the Eucharist. **Good Friday** recognises the Passion, cruel death of Christ and his burial. **Holy Saturday** is classed as the Easter Vigil. **Easter Day** celebrates the magnificent Resurrection. Unlike Christmas, **Easter is a moveable feast**. It falls on the first Sunday after the date of the full moon, that falls on or after the spring equinox March 21. If the Full Moon falls on a Sunday, Easter is celebrated on the following Sunday.

**Message from Bishop Andy to us all ! Having read and enjoyed the Feb PCC, he hopes we are well, he sends his love and wants to be remembered to everyone.**

**Interesting facts about the month of March:** March, named after Mars the Roman god of war, is the first month of Spring. On the **4<sup>th</sup>**, in **1918**, the epidemic called Spanish flu struck. By the end of 1920, it had infected a third of the world's population, killing upwards of 50 million people. It did not start in Spain, but as that country remained neutral, it was the only national media to be able to report freely on the situation. It was understood that American recruits preparing to travel to the WW1 effort in Europe, took the deadly virus with them. The conditions in a continent already weakened by war, with low immune systems, were perfect for a pandemic, and at the time it was considered to be one of history's deadliest disasters. On the **fourth Sunday in Lent, 14<sup>th</sup> March, 2021**, we celebrate **Mothering Sunday**, which has no connection to the American Mother's Day. Traditionally, it was a day when children, mainly daughters, who had gone to work as domestic servants were given a day off to visit their mother and family. It was quite common in those days for children to leave home for work once they were ten years old. Mothering Sunday was also known as Refreshment Sunday because the fasting rules for Lent were relaxed for that day. On the **19<sup>th</sup>**, in **1834**, six farm labourers from Tolpuddle, Dorset were sentenced to seven years transportation to Australia, for forming a secret society, which was essentially a trade union. Known as the Tolpuddle Martyrs, they evoked much sympathy, and were then pardoned and brought home between 1837 and 1839. On the **27<sup>th</sup> in 1881**, in the then violent town of Basingstoke, Hampshire, troops were called to clear the streets after the Salvation Army's anti-alcohol campaign provoked rioting by local brewery workers. On the **31<sup>st</sup>**, in **1855**, Charlotte Bronte, one of the nation's favourite authors, (Jane Eyre, etc) died with her unborn child, three weeks before her 39<sup>th</sup> birthday. Her death certificate stated cause of death to be tuberculosis, but biographers suggest that she died from dehydration and malnourishment, due to vomiting caused by severe morning sickness or hyperemesis gravidarum. This latter condition was the one suffered by Catherine, present Duchess of Cambridge during her three pregnancies, but thankfully, not fatally.

**Let go of what has gone, be grateful for what remains, and look forward to what comes next.**

**The Leprosy Mission (TLM) Unconditional Appeal 2021:** This year's Appeal by the Leprosy Mission, is to provide funds to train people to end leprosy in local communities in Mozambique, a poor country on the East Coast of Africa. There has been an effective treatment for this disease for over 50 years, but there are still 3 million people in the world living with disabilities due to leprosy, and 200,000 new cases diagnosed each year. These days it is easy to cure, but if left untreated, people suffer deformity, loss of limbs and blindness. There is still as much stigma now, as there was in the middle ages. Thanks to UK government match funding, every £1 that you give before 24<sup>th</sup> April, via the following methods, will be doubled. Please either go to **Youtube** to watch the film: "The Leprosy Mission, the Unconditional Appeal 2021", featuring in Mozambique, our own Dame Darcy Bussell, (of Strictly fame) or go to the TLM website to donate on line. **Sue Jennings writes:** I am a retired nurse / midwife who lives in Llanfaethlu, worships at the New Park St Baptist Church in Holyhead and enjoys gardening, art and cycling. Leprosy entered my life 34 years ago, on a visit to my Catholic priest brother in Zimbabwe, when I met two women living with the condition. One had no hands, the other had no feet. I felt that people living with leprosy need to know that, no matter what their deformity, God loves them. I am now a Leprosy Mission volunteer speaker. To book me for your group or to make a donation, please contact me at 01407 731111 or 07956534478 or **jenningsue@gmail.com**. Thank you.

**Thanks for prayers answered:** Alison Walker, Lucy Hall, Trevor Jones.

**Chatter around the coffee table:** Due to lockdowns, and people not mixing, we have had very little to pass on here. Please let us have anything, however trivial, that will make us smile!