Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include yourself, please get in touch now, with name and date of birth.

Happy Birthday Blessings to:

Mair Wynn: she celebrates 86 years on 5 May!

Buddug Hems Williams: she celebrates 93 years on 9 May!

May Tommis: she celebrates 82 years on 10 May! **Father Bryan Parry**: he celebrates 86 years on 19 May!

Alan Tucker: he celebrates 85 years on 31 May!

What do we show on this month's cover? This is the ancient porch leading into St Cybi's Church. The outer three walls date from around 1520, while the wall surrounding the door could be 12th century. The carvings on this wall are in a rather primitive style. The arched decoration above the entrance door is called a tympanum. In the centre we see God in Majesty, supporting his crucified Son. As there is no dove, it cannot be the Holy Trinity. The logo for Holyhead Town Council is loosely based on this carving. Above this we see what appears to be a triple crown. To the extreme left of the God in Majesty centrepiece, is carved in brown sandstone, the coat of arms of Llywarch ap Bran, the son of the crow(1120–1155) We understand that this was placed there by monks in his honour. Three crows or choughs, surround a chevron, which in heraldic terms indicates protection. The lighter coloured coat of arms on the extreme right was a much later copy, made around 1520 to create a balance. Llywarch was the founder of one of the fifteen noble tribes of Gwynedd, and was a steward to Owain Gwynedd, whose son Rhodri was buried in front of the altar in St Cybi's, in 1195. His dated coffin was found in the 1800s. Llywarch owned much land around Menai Bridge, and was referred to as a local lord. Between the bottom of the tympanum and the top of the door, we see carvings of seven angels, representing the seven sacraments of the Roman faith, with a sacred heart carved centrally. Directly below these, in the left and right hand corners, we see the combined coats of arms of England and France, depicting the English Lions and the French Fleur de Lys. Crude figures are carved down the right hand side of the door. At the top we find St Peter, wearing the papal triple crown and holding the keys to the kingdom of Heaven. On the opposite side, to the left of the door, the top figure is St Paul, with sword and book. Below is an unknown figure wearing a bishop's mitre. There are two empty niches, left and right of the main door. We believe that these were of Jesus Christ and his mother the Blessed Virgin Mary. These may have been wooden, and brightly painted in the style of the time. There is a round empty indentation low on the wall on the right, which used to hold a lead basin containing Holy Water. The two glazed porch windows were destroyed. All this damage may have been carried out by order of Henry 8th, during the dissolution of the monasteries (1536-41) It is however, more likely to have been by the troops of Oliver Cromwell, who stabled their horses here between 1659 and 1662. Many thanks to Dr Ken Roberts for help with the text and image.

BRO CYBI / HOLY ISLAND MINISTRY AREA Pastoral Care Circle MAY 2019

Vicar: Andy Herrick: 01407 861084
Associate Priests: Jane Bailey: 01407 764780
Neil Ridings: 01407 861663



When you cannot come to church, the church will come to you!

Our pastoral care visiting team has grown in size, to allow us to reach out to even more people. We know that in some areas loneliness can be a huge problem, especially if your family live away, or if you are new to the area. Please don't feel that you are on your own—we are just a phone call away! Some of you might like us to call for a friendly chat, others might like to receive Holy Communion, either in your own home, in hospital or in a care or nursing home. Others prefer a telephone call, just to be reminded that we are thinking of you. Remember that if we don't know that you need us, we sadly cannot help you, so someone please get in touch on your behalf!

For anything to be included in this leaflet, please contact:
Pat: 01407 860412 or email:patriciahughes2017@gmail.com Thank you.

Your prayers for the sick are asked for:

<u>Sunday</u> (in all churches): Geraldine Lee, Gwen, Hannah, Huw, Ian Walker, Derrick, Alan Taylor, Jo, Mary Harvey, Doreen Peers, Edith Shepherd, James, Neil Miles, Glenys Barton, Ellie, Neil Ridings, Alan Peers, Helen Nason, Irene, Ian, Hazel, David, Lynda Owen.

Please let us know the name of anyone who needs our prayers, for whatever reason! We also pray for those who care about them.

Wednesday (St Cybi) Betty Ashton, Trevor Peacock, Angela Hillman, Menna Screech, Buddug Hems Williams, Barbara Smith, Dr Ken Roberts, Gwilym Lewis, Huw Thomas, Megan Morgan.

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace: 'I am the resurrection and the life'

Christopher Irfon Jones, Rachel Morris, Elsie Claire Parry, Valerie Eaton Nolan, Robert Ivor Owen, Betty Ashton, Wendy Elizabeth Welsh, William Trevor Owen, Roy Graves, George Lloyd Jones, Alan Frank Francis.

Please pray for the families and friends who grieve for their loved ones.

Grieving is nature's way of giving us time to accept the loss of those we love. It's a time to be very gentle with yourself...

Anniversaries of death:

May 05-11: Malcolm Bell, Edgar Waddington, Mervyn Connor, Grenville Barton, Margaret Waugh, Monica Eaton.

May 12-18: Alfred Owen Fisher, Jean Greenwood, Derek Martin Hughes, Terry Roberts, Ken Griffiths, Glyn Shergo, Robin William Jones, Geoffrey Bacon—all three lost at sea 1984 on Holyhead fishing trawler "South Stack"

May 19-25: Jeremy John Francis, Harry Glazebrook, Ellen Greenwood.

May 26 -June 01: George Jones, Joseph Alan Jones, William Edward Jones.

If you have lost loved ones, and you wish to remember them in the Anniversaries of Death section, <u>please get in touch as soon as possible</u>. The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please. It is very comforting to many people, to read and hear the name remembered.

Baptism and Wedding booking dates: usually every Tuesday evening, from 6.30-7.0pm in Eglwys y Bedd (building on left, near gate, in front of St Cybi)

Thanks for prayers answered: Shirley Jones thanks everyone for their concern, and wishes you to know she is feeling much better. Frances Illiff is grateful for prayers answered.

Please pray for our newest member of our church family :

Baptised on 28 April: St Cybi: Macsen George Owen

One day, your life will flash before your eyes - make sure it's worth watching!

<u>Find us on line</u>: www.holyheadparishchurches.co.uk—Facebook: Bro Cybi Ministry Area

Many families live with lung conditions. In July Andy Herrick and daughter Rachel will hope to walk 100 miles around Anglesey in just 36 hours. Forms in churches if you would please like to sponsor them to raise funds for British Lung Foundation! Thank you.

Interesting Historical May Dates! On the 5th, Communism founder Karl Marx (1818-1883) was born in Trier, Germany. He advocated the abolition of all private property and promoted a system in which workers own all the means of production, land, factories and machinery. On the 6th, Psychoanalysis founder Sigmund Freud (1856-1939) was born in Freiberg, Moravia. His theories became the foundation for treating psychiatric disorders by psychoanalysis and offered some of the first workable cures for mental disorders. On the 14th, German physicist Gabriel Fahrenheit (1686-1736) was born in Danziq, Germany. He introduced the use of mercury in thermometers, greatly improving their accuracy. His name is now attached to one of the major temperature measurement scales. On the 17th, in 1792 - two dozen merchants and brokers established the New York Stock Exchange. In good weather they operated under a buttonwood tree on Wall Street. In bad weather they moved inside to a coffee house to conduct business. On the 18th, in 1804, Napoleon Bonaparte became Emperor of France, snatching the crown from the hands of Pope Pius VII during the actual coronation ceremony, and then crowning himself. On the **26**th, Interpretive dancer Isadora Duncan (1878-1927) was born in San Francisco. She revolutionized the entire concept of dance by developing a free-form style and rebelled against tradition, performing barefoot in a loose fitting tunic. She met a bizarre death in 1927 when a scarf she was wearing caught in the wheel of the open car in which she was riding, strangling her. On the 28th, in 1961 Amnesty International was founded by London lawyer Peter Berenson. He read about the arrest of a group of students in Portugal then launched a one-year campaign to free them called Appeal for Amnesty. Today Amnesty International has over a million members in 150 countries working to free prisoners of conscience, to stop torture and the death penalty, and quarantee human rights for women. On the 29th,in 1660 - The English monarchy was restored with Charles II on the throne after several years of a Commonwealth under Lord Protector Oliver Cromwell. On the 30th, founder of the Russian empire Peter the Great (1672-1725) was born near Moscow. He vastly increased the power of the Russian monarchy and turned his backward country into a major power in the Western world. Among his accomplishments, he completely overhauled the government and the Greek Orthodox Church as well as the military system and tax structure. He built St. Petersburg, established printing presses and published translations of foreign books, modernized the calendar, simplified the Russian alphabet and introduced Arabic numerals. He died at age 52 and was succeeded by his wife Catherine.

On 28th March, 7 members of our **Pastoral Care Team** were inspired by a 'quiet retreat day', at the Loreto Centre in Llandudno, led by spiritual director Sister Ewa, of the Institute of the Blessed Virgin Mary. What a wonderfully uplifting experience!

We hear on the grapevine, that <u>Emrys Williams turned 80, on April 17th</u>. We send belated birthday blessings and hope the celebrations went well!

All are welcome to attend our **Walsingham Mass**, at 11.30 am in St Cybi, on Sat 18th May, even if you are not joining us on pilgrimage in July 2019!

Wedding Anniversary Blessings: Please let us know of any couple who will be celebrating 40 / 50 / 60 years of marriage, who wish to be included here!

Optimism is the faith that leads to achievement!

<u>Christian Aid Service 2019</u> on Friday 17th_May@ 10.00 am at St. Mary's Church. Please join us for our annual service, when children from the primary schools of Holyhead, will sing, read and lead our prayers. Anna Jane Evans, North Wales Co-ordinator for Christian Aid, will lead our service, focusing this year on improving the lives of women in Sierra Leone.

Tourist season stewarding has started in St Cybi! This means our very popular gift shops are open....proceeds will be given to the restoration fund. Please support!