

**BRO CYBI / HOLY ISLAND MINISTRY AREA
Pastoral Care Circle
JUNE 2018**

Vicar: Andy Herrick : 01407 861084

Associate Priest: Jane Bailey : 01407 764780



If you cannot come to church, the church will come to you!

Our pastoral visiting team will be happy to include you, either for a friendly visit, or for a short celebration of Holy Communion, whether you are still in your own home, or hospital or have moved into a care / nursing home. Remember that if we don't know that you need us, we sadly cannot help you, so someone please get in touch on your behalf!

**For anything to be included in this leaflet, please contact:
Pat: 01407 860412 or email:patriciahughes2017@gmail.com Thank you.**

Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include yourself, or anyone else in this, (with his / her permission, of course,) please get in touch now, with name and date of birth.

Happy Birthday Blessings to :

George Lees: he celebrates 87 years on 20 June !

Edith Shepherd : she celebrates 87 years on 26 June !

Who do we show on this month's cover? On the left is Andy John, Bishop of the diocese of Bangor, who had just installed the Rev Andy Herrick, on the right, as Arch-deacon of Anglesey in our imposing Cathedral. Andy H has since been inducted and licensed, by our bishop, as Ministry Area Leader and vicar of Bro Cybi in an uplifting service in our beautiful and ancient church of St Cybi, in Holyhead. This service, attended by the congregations of our four churches, as well as many visiting clergy, had been opened up to include representatives of various other denominations within the area, eager to meet and support Andy and his wife Sara, in their ministry amongst us. **So who is the man behind the title?** To relax, Andy enjoys long distance walking. Last July he and his daughter Rachel walked the whole of the Ceredigion Coast path in one go – 61 tough miles in 21 hours and 7 minutes. They also walk the Battle Fields of France each year, completing the distance of 63 miles in just under three days. And they are, of course, looking forward to completing the Anglesey coastal path. If you see him locally walking their two dogs, he could well at the same time, be thinking, praying or even planning his next sermon. He will also be using his bike to cycle around the parish. His choice of relaxing reading is military fiction and non-fiction, generally covering the twentieth century, specifically WW1. Musically, he plays both guitar and piano, ranging from classical, through jazz to modern. On the question of food, both Andy and Sara enjoy cooking, and also baking bread. His idea of food heaven is lots of spicy curry. His food hell would be that there was not enough of that mouth watering spicy curry! As he used to be a keen rugby player in his youth, his dream holiday would be a combination of his two passions, walking in New Zealand, and watching lots of rugby matches on the way. As recently as a month ago, he played rugby for his old theological college, as part of the Lampeter Old Codgers team who gamely took on the present students. The Old Codgers won of course, using the cunning of older age against the strategy and fitness of youth! Andy and his wife Sara met as students in 1977 whilst at college in Lampeter. Although they were both involved in other friendships at the time, they soon realised that this was the big one! After graduating, Andy progressed to becoming a priest and Sara went on to teach Geography to primary age pupils. When asked how he would like to be remembered at the end of his earthly life, Andy said that he would hope to meet in Heaven, some who were there as a result of his earthly ministry! If you like what you have read about this newest member of the ministry team, and would like to get to know him and his ministry better, do please come along one Sunday. You know where to find us!

A strong person is not the one who never cries. A strong person sheds tears for a moment, then gets up and fights again!

Your prayers for the sick are asked for:

Sunday (in all churches): Mary Harvey, Gwen, Hannah, Huw, Hilary, Matthew, Chloe, Rosemary Tucker, Ian Walker, Babs Williams, Caroline Berry, Derrick, Olwen Owen, Baby William, Peter, Alan Taylor, Baby Bailey, Oliver, Cheryl-Ann, Vi Jones, Gwyneth Murphy.

Please let us know the name of anyone who needs our prayers. We also pray for those who care for them.

Wednesday (St Cybi) Elizabeth Jones, Betty Ashton, Trevor Peacock, Angela Hillman, Menna Screech, Buddug Hems Williams, Annette Williams, Barbara Smith, Bob Hughes, Dr Ken Roberts, Gwilym Lewis, Helen, Andy.

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace : 'I am the resurrection and the life' ...

Malcolm Galbraith, Patricia Ann Dunsmuir, Ken Griffiths, William Hugh Williams, John Owen, Brenda Phillips, Barry Rawes, Keith Ealand, Sheila Watham.

Please pray for the families and friends who grieve for their loved ones.

Grieving is nature's way of giving us time to accept the loss of those we love. It's a time to be very gentle with yourself...

Anniversaries of death

June 03-09: Douglas Manton

June 10-16: Andrew Thomson, John Nightingale

June 17-23: Alfred Hammond, John Bulkeley, Enid Blodwen Price, Grace Nightingale, Cyril Thomas, David Martin.

June 24-30: Gary Lloyd Jones, William Mark Gray, Janet Woolley, Florence Mary Isobel Bell, Jane Williams.

If you have lost loved ones , and you wish to remember them in the Anniversaries of Death section, please get in touch as soon as possible. The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please. It is very comforting to many people, to read and hear the name remembered.

Thanks for prayers answered. Paula Parry thanks everyone for their prayers. She feels so much improved since her surgery.

Grateful thanks from Monica, Nigel, Andrea and families for all the loving support given to them by their "church family", on the death of Ken, much loved husband, father and grandfather.

Recently it has been discovered that younger adults, between 16 and 24, are some times even more likely to experience loneliness than those in older age groups. If this sounds like you, we will be happy to help. Ring any one on the Telephone Ministry Team : Lorna 860191/ Pat 860412 / Betty 763868, and if we are not available, please leave a message. We will return your call, to listen or chat, totally confidentially!

On 30th June, Glenys Samson will be licensed as a lay reader, in the Cathedral ,at 3.0pm, after three years of training

Interesting historical June dates ! On the **16th** in, **1963**,Valentina Tereshkova, 26, became the first woman in space as her Soviet spacecraft, Vostok 6, took off from the Tyuratam launch site. She manually controlled the spacecraft completing 48 orbits in 71 hours before landing safely. On the **25th** in **1950**, the Korean War began as North Korean troops, led by Russian-built tanks, crossed the 38th parallel and launched a full scale invasion of South Korea. Five days later, U.S. ground forces entered the conflict, which lasted until July 27, 1953, when an armistice was signed, formally dividing the country at the 38th parallel into North and South Korea. On the **27th** American musician Mildred J. Hill (**1859-1916**) was born in Kentucky. She composed the melody for what is now the world's most often sung song, 'Happy Birthday to You'.

Please pray for these newly baptised on:

06 May: St Ffraid: Chase Elliot Ryan

19 May: St Cybi: Rosemary Ann Williams

20 May: St Ffraid: Reuben Thomas Johnson-Wardle

27 May: St Cybi: Tommy-Jo Taylor: Lana-Lisa Taylor

27 May: St Ffraid: Kacie Leigh—Ann Elizabeth Jones

27 May: St Cybi: Rafe James Coates

We welcome them as the newest members of our church family!

Please pray for these couples recently married—we wish them every happiness!

12 May: St Ffraid: Aran Craig Stanton and Sarah Anne Randall

26 May: St Gwenfaen: Kevin Elvet Davies and Claire Huband

31 May: St Ffraid: Jake Ben Hordle and Gwendoline Ann Hardman

St Cybi's -If you have a friendly nature, and enjoy chatting , and have at least two spare hours each week, please ring Pat: 860412. If you don't want a regular weekly commitment, please consider being a reserve tourist steward to meet and greet visitors from all over the world, as cover for sickness or holidays.

Walsingham Mass—12.00 noon, Sat 23 June, St Cybi, please bring a packed lunch.

You may be tired but at least you woke up today! Many people didn't

Our Pastoral Care Team is delighted to have taken on extra members, in order to expand our monthly visits to six residential homes as well as approximately forty private house calls regularly every month. In addition to these planned visits to the long term sick and lonely, we naturally also call on those who are taken ill unexpectedly. We are also grateful to those members of the congregation who choose to visit the sick and the lonely independently.

We have been asked to remember in prayer Glyn Shergo, Robin William Jones and Geoffrey Bacon. They were all lost at sea on May 18th 1984, with the disappearance of the Holyhead fishing trawler "South Stack." May they rest in peace.

Community Dementia Friendly Training. The Pastoral Care Team invites you to join them for a Dementia Friendly training session on Thurs 7 June, from 12.30—2.30pm. It will be led by Jo Lane of the Alzheimer's Society, in the Gwelfor Community Centre. If you feel that this would benefit you, please ring 01407 763559 or contact: veronica@morlo.co.uk