

Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include someone, please get in touch now, with name and date of birth.

Happy Birthday Blessings to:

Mair Wynn: she celebrates 87 years on 5 May!

May Tommis : she celebrates 83 years on 10 May !

Father Bryan Parry : he celebrates 87 years on 19 May !

Alan Tucker : he celebrates 86 years on 31 May !

We wish them many more years of health and happiness !

What do we show on our cover ? This dove is our link to the late spring holiday, Whitsun (White Sunday) or Pentecost (31 May) as it is known within the church. This latter name was based on the Greek version of the Jewish 'Feast of Weeks'- a major spring harvest festival, recalling the Law being given to Moses on Mount Sinai, in the thirteenth century BC. This gift of the commandments, occurred fifty days after the Exodus, which was the liberation of the Israelites from slavery in Egypt. Commanded by God to free his countrymen from Egyptian bondage, Moses approached the pharaoh several times, and each time his request was refused. In retribution, God then unleashed ten separate plagues onto the Egyptians, the final one was the slaying of every first born son. The Israelites however were instructed to paint their door frames with lambs' blood, so that the angel of death could recognise and "Passover" each Jewish household. Moses made plans to lead hundreds of thousands of his people to safety, but soldiers were sent to bring them back. At the edge of the Red Sea, as the Egyptian army was bearing down on the fleeing Jews, a miracle occurred. God caused the sea to part, allowing the hunted to cross safely. The sea closed behind them, causing the Egyptians to drown. Over thirteen hundred years later, the apostles and other disciples were celebrating this festival, 50 days after Easter Day, when the Holy Spirit descended on them. It sounded like a very strong wind, and it looked like tongues of fire. The apostles then found themselves speaking in foreign languages, inspired by the Holy Spirit. It is often referred to as the birthday of the church, and falls on the tenth day after Ascension Thursday – which is the physical departure of Christ from earth into the presence of God in heaven. Although the events of Passover and Easter are separated in time by many hundreds of years, nowadays, the two events are often celebrated within days of each other.

This is a Mothers Union prayer, supplied by a member from Leeds, and suggested

by Janice for these challenging times : Most merciful God, in the midst of disaster we look to you in hope and trust, acknowledging that there is much in life beyond our present understanding. Accept our compassion for the suffering, bless those who are working for their relief, show us what we can do to share in their task, as servants of Jesus Christ, our Lord. Amen.

We are very grateful to everyone who is telephoning others right now. So much happiness, comfort and encouragement is being shared. We have lots of time now, so why not pick up the phone, and make someone's day—please ?

Why do the British drive on the left? Indeed the 'keep to the left' rule goes back to Roman times. Archaeologists have discovered evidence suggesting that in Britain, they drove carts and wagons on the left, and it is also known that Roman soldiers always marched on the left.

BRO CYBI / HOLY ISLAND MINISTRY AREA
Pastoral Care Circle
MAY—WHITSUNTIDE—PENTECOST 2020
Ministry Area Leader/Vicar: Rob Wardle 07710 173177
Associate Vicars : Neil Ridings: 01407 861663
Jane Bailey : 01407 810 827
Andy Herrick : 01407 861084



When you cannot come to church, the church will come to you!

Our pastoral care visiting team has grown in size, to allow us to reach out to even more people. We know that in some areas loneliness can be a huge problem, especially if your family live away, or if you are new to the area. Please don't feel that you are on your own—we are just a phone call away! Some of you might like us to call for a friendly chat, others might like to receive Holy Communion, either in your own home, in hospital or in a care or nursing home. Others prefer a telephone call, just to be reminded that we are thinking of you. Remember that if we don't know that you need us, we sadly cannot help you, so someone please get in touch on your behalf!

**For anything to be included in this leaflet, please contact:
Pat: 01407 860412 or email:patriciahughes2017@gmail.com Thank you.**

Your prayers for the sick are asked for:

Sunday (in all churches): Gwen, Hannah, Huw, Alan Taylor, Helen Nason, Helen Brenan, Eric Wyn Owen. Sandra Recourt, Neil Miles, Jane Carlin, Glenys Williams, Bryan Jones.

Let us know the name of anyone who needs our prayers, and their carers.

Wednesday (St Cybi): Betty Ashton, Trevor Peacock, Angela Hillman, Menna Screech, Barbara Smith, Gwilym Lewis, Huw Thomas, Megan Morgan, Edith Shepherd, Glenys Barton, Lynda Owen, Geraldine Lee.

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace : 'I am the resurrection and the life' ...

Sue Mosco, Dianne Preston, Stephen Phillips, Gwendoline Smith, Tommy Lloyd, Doris Burton, Jean Brown, Richard Staddon.

Please pray for the families and friends who grieve for their loved ones.

Grieving is nature's way of giving us time to accept the loss of those we love. It's a time to be very gentle with yourself...

Anniversaries of death:

May 03—09 : Eryl Lloyd Williams, David Thomas Davies (Priest and former Rector), George Cyril Cobbe, Vida Tonkin, Malcolm Bell, Edgar Waddington, Mervyn Connor, Grenville Barton, Margaret Waugh, Monica Eaton.

May 10—16 : Alfred Owen Fisher, Jean Greenwood, Derek Martin Hughes, Terry Roberts.

May 17- 23 : Ken Griffiths, Glyn Shergo, Robin William Jones, Geoffrey Bacon, (Three lost at sea 1984 on the fishing trawler 'South Stack'), Jeremy John Francis, Howard Larmour English.

May 24—30: Harry Glazebrook, Ellen Greenwood, George Jones, Joseph Alan Jones, John Smithies

May 31-June 06: William Edward Jones, Elwyn Marshall, Mary Angharad Harvey.

If you have lost loved ones, and you wish to remember them in the Anniversaries of Death section, please get in touch as soon as possible. The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please.

It is very comforting to many people, to read and hear the name remembered.

Although missing each other, we look ahead to better times when we can all re-connect again. Even the thought of a good old chat over a cup of tea or coffee seems to be a real treat! In the meantime, we hope very much that the envelopes full of interesting paper goodies, which you receive by post are giving hope and pleasure, and reminding you that you are not forgotten. Those who are internet connected, will receive their goodies "on line."

Love, care and prayer are thankfully flowing in abundance. God is good!

Jane writes: We have all been hearing very much on the news these last weeks about the heroic, 'front-line' care being provided in nursing and residential homes and in the community, at this most difficult of times. For many years, the members of Bro Cybi Pastoral Care Team have been privileged to regularly visit and take Holy Communion to the nursing and residential homes in Holyhead and Trearddur Bay. We have seen first-hand the loving care provided to the residents by the staff and have always been made most welcome there.

Please join the Pastoral Care Team in remembering in our prayers the staff and residents of:

Caledonia; Fairways; Garreglwyd; Towyn Capel and all at Penucheldre. We hope and pray that it won't be too long before we are back with you all.

"Spread love everywhere you go. Let no one ever come to you without leaving happier".
Mother Teresa

The Church of the Nativity in Bethlehem is closed, allegedly only for the second time ever. The previous time was during the Black Death!

Interesting historical May dates. On the 2nd in 1611, the Authorised version of the King James Bible was first published, becoming the standard in the English language. On the 5th, in 1821, Napoleon Bonaparte died aged 51, in exile on the British island of St Helena. On the 6th, in 1954, British Roger Bannister was the first man to run a mile in under 4 minutes. On the 11th, in 973, King Edgar the Peaceful was crowned at Bath. On the 11th, songwriter Irving Berlin (1888-1989) was born as Israel Isidore Baline, in Tyumen, Russia. The family moved to New York, and after the death of his father he started singing in saloons and on street corners to help the family financially. Although he could not read or write musical notation, he became one of America's greatest songwriters, best known for songs such as *White Christmas*. On the 16th, in 1943, RAF Lancaster bombers caused chaos to the Nazi German industry, by destroying two large dams. Dr Barnes Wallis' bouncing bombs skimmed the surface of the water to reach their target. On the 21st, in 1894, the Manchester Ship Canal was officially opened by Queen Victoria. On the 23rd in 878 the Saxon King Alfred defeated the Danes at Edington in Wiltshire. As part of the peace agreement, the Danish king Guthrum accepted Christianity. On the 24th, in 1809, Dartmoor Prison in Devon was opened to house French prisoners of war. On the 26th in 735, the Venerable Bede, English monk and historian, died having just translated St John into Anglo Saxon. On the 27th in 1657, Lord Protector Oliver Cromwell refused parliament's offer of the title King of England.

May Day. May Day is traditionally a secular holiday usually celebrated on 1 May. This year it will take place on Monday 4 May. It goes back to Roman times, when Flora, the goddess of flowers and spring was venerated. Maypole dancing started at that time, when Romans chopped down young trees, to dance around in honour of this goddess. Some other old customs celebrating life and fertility survive to this day, including Morris dancing, which can be traced back a mere 600years! May Day thrives on unusual costumes, one of the most interesting being 'Jack in the Green' It is believed that he represents the 'Green Man', a symbol of fertility, wearing a foliage covered framework! In some parts of the country, he takes on the 'frost queen', to ensure a good summer! In Edinburgh, the 'fire festival' marks the end of the winter, and welcomes in the summer. Padstow in Cornwall encourages merriment, with their Hobby Horses parade, in which two fearsomely masked men, fight it out on the streets, followed by musicians, drummers and dancers. Berwick upon Tweed follow a custom from 1438 – representatives from England and Scotland meet to decide where one country ends and the other begins! Apparently the Helston Floral dance is bigger than Christmas! Think carnival, flowers and of course the late Sir Terry Wogan!

Never regret anything that made you smile.

Unfortunately, we were not made aware of the fact that **Keith Bryant**, was due to celebrate his **80th birthday** on 25 March, 2020. Sadly, the celebrations had to be postponed due to the Covid 19 lock down, but we are sure the family will make up for this when things are back to normal! Happy Belated Birthday Keith, and we hope and pray for many more!

Jane writes : Ysbytu Penrhos Stanley: Let us all remember in our prayers, the staff and patients in these challenging times.

Jane writes: Members of the **Walsingham Group** here in Holyhead are very disappointed not to be making their annual pilgrimage to the Shrine in North Norfolk this July, as planned. For, as with our churches, the Shrine will be closed until further notice to prevent the spread of the Coronavirus. I'm pleased to say that the prayer life of the Shrine **will** continue, with the offering of the Shrine Prayers in the Holy House each day at 6.00 pm. These are being live-streamed on the shrine website: <https://www.walsinghamanglican.org.uk/> It is also possible to leave a prayer on the website, to be read at the forthcoming shrine prayers. With blessings to you all.

Thanks for prayers answered: we are grateful for all those who have recovered from Covid 19, and pray for the souls of all those who have died.

Bishop Andy John sends his love to all, and prays for each of us every morning.