## Do not regret growing older—it is a privilege denied to many!

#### Join our 80+ Happy Birthday corner!

To include yourself or anyone else in this, (with his / her permission of course), please get in touch now, with name and date of birth, even if the birthday is next year.

**Happy Birthday Blessings to:** 

**Buddug Hems Williams:** she celebrates 91 years on 09 May!

May Tommis: she celebrates 80 years on 10 May!

Are you worried about your own memory, or that of a member of your family or community? Do come to the Gwelfor Community Centre, Holyhead on Wednesday 17<sup>th</sup> May, at 6.30pm. Guest speakers Patsy Pope from All about Dementia and Jo Lane from the Alzheimer's Society, will help you to better support and understand people with these conditions. Tickets are free, but have to be booked please, from Veronica 763559 or veronica@morlo.co.uk

FOCUS ON ....CAMEO (Come And Meet Fach Other) This group was started by Ena Fisher many years ago, to satisfy the needs of working women: younger members of the Mothers Union, who due to work commitments could not attend the afternoon meetings. Although most of these 'girls' have now retired, they still meet in St David's on the fourth Wednesday of the month, at 7.0pm. In the same way as the Men's Fellowship now welcomes female members, so too has CAMEO opened its doors to males. In fact, both sexes, all ages, are now made most welcome, with a program of interest to all! Recent speakers have been: Will Stewart, warden of the Breakwater Country Park, and Phil Mansfield, Tai Chi instructor. Phil teaches Tai Chi for Health in St David's each Fri morning from 10.30 – 12.0. Due to summer holidays, the group normally 'breaks up' in June, by going out for a meal together. It restarts on 27th September. Anyone is most welcome to join the group. There is no regular commitment required. If you are only interested in some of the talks, that is absolutely fine. Maybe you would just like to join us for the meal? Please ring Gill for more details: 760175

**Youth Alpha**—meets every Wednesday at 6.30pm at Ynys Mon Cakery, Stanley Street. Ring Kevin for details 861845. Next 'Cybi Unplugged' is at 4.0pm on Sunday 14 May .

<u>Did you know</u>....? In 1581, the fine for neglecting to attend the protestant parish church was £20 a month! This was at a time when a woman would be paid to sit with a sick neighbour, and earn just two old pence for one whole day or one whole night!

# **BRO CYBI / HOLY ISLAND MINISTRY AREA**

#### **PASTORAL CARE CIRCLE**

**MAY 2017** 



If you cannot come to church, the church will come to you! Our pastoral visiting team will be happy to include you, either for a visit or for a short celebration of Holy Communion: whether you are still in your own home, hospital or have moved into a care / nursing home.

Please remember, if we don't know that you need us, we sadly cannot help you—so someone please get in touch on your behalf! Contact

### Your prayers for the sick are asked for:

**Sunday:** Mary Harvey, Billy Davies, Claire Brook, Dr Ken Roberts, Joanne, Lily, Raymond Worthington, Josh Downs, Nicholas, Bobby Hughes, Reg Thomas, Nia, Sheila, Hefin Jones, Andy, Chris Evans, Mike Hanbury.

Please also pray for those who care for them.

**Wednesday** Mary Lewis, Ena, Elizabeth Jones, Gwen March, Betty Ashton, Peggy Manning, Trevor Peacock, Beryl Sanderson, Lil Morris, Angela Hillman, Menna Screech, Barbara Byfield, Buddug Hems Williams, Annette Williams, Barbara Smith, Joan Read, Bob Hughes.

We also pray, in the words of the Prayer Book, for all those "in trouble, need or any other adversity and for a happy issue out of all their afflictions".

### Rest in Peace: 'I am the resurrection and the life' ...

Rev. Geraint Edwards, Evan Miller, Sian Worthington, Margaret Williams, William Hughes, Catherine Jones .

Please pray for the families and friends who grieve for their loved ones.

#### **Anniversaries of death**

**May 07—13:** Edgar Waddington, Mervyn Connor, Grenville Barton, Monica Eaton, Alfred Owen Fisher.

**May 14—20:** Jean Greenwood, Derek Martin Hughes, Terry Roberts, Jeremy John Francis.

**May 21—27:** Howard Larmour English, Harry Glazebrook, Ellen Greenwood, George Jones, Joseph Alan Jones

May 28—June 03: John Smithies, William Edward Jones, Elwyn Marshall.

Death steals the future we hoped for, but it can't take away the relationship that we had .......

If you lost loved ones in 2016, and you wish to remember them in the Anniversaries of Death section, <u>please get in touch as soon as possible</u>. The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please. <u>It is very comforting to many people</u>, to read and hear the name <u>remembered</u>.

<u>Thanks for prayers answered</u>: Ken Griffiths. Great to see you out and about Ken!

**St Cybi's Gift Shop.** Have you visited us recently—situated in the family pew of the Stanley Chapel? If you need small, reasonably priced gifts for friends and family, why not pop in? Our stock changes from time to time, so come and see us whenever you are in town.... Remember, we are not just for tourists!

As you do your spring cleaning, please put aside anything you don't need, for the Bro Cybi / Holy Island Ministry Area Charity Shop—dates 17-29 July. Ring Betty for details 763868

**Kevin's 'Time and People to Pray for'**: The Archbishop of Canterbury has called on Christians the world over to use the time between Ascension and Pentecost to pray. It is of course traditionally a time of waiting. It is an initiative called Thy Kingdom Come, and encourages us to pray particularly for our friends and neighbours who are not yet Christians. Why not choose 5 people to pray for during this period and the invite them to join us as we celebrate Pentecost on 4 June?

Interesting historical MAY dates! On the 1st in 1840, the first adhesive postage stamps in the world, the Penny Blacks, were issued in Great Britain. On the 12th in 1820, the British social reformer, statistician and founder of modern nursing Florence Nightingale, was born in Florence, Italy. On the 14th - in 1796 the first vaccination against smallpox was administered by British Dr Edward Jenner, although he was ridiculed for being too revolutionary!. Called the 'father of immunology', his work is said to have saved more lives than the work of any other human. His father and grandfather were both vicars! On the 18th in 323BC, Alexander the Great died. On the 19th -in 1536, Anne Boleyn, second wife of Henry 8th was beheaded. On the 20th in 325 AD, Constantine 1, first Christian Emperor of the Roman Empire, called together almost 300 bishops in Nicaea, for the first ecumenical council. They condemned those who denied Christ's divinity, created the Nicene creed, and fixed the date of Easter On the 20th-in 1506, Christopher Columbus died in poverty in Spain. On the 30th-in 1431, Joan of Arc was burned at the stake in France.

Walsingham Mass—Saturday 13th May, 11.30 am St Cybi's Church. If you have have an hour free, why not join us? All are most welcome.

**Parish Telephone Team:** Apparently 40% of older people in the UK say that television is their main form of company. Would you prefer to chat? Keep our phone numbers, for future reference. Please ring us—or leave a message and we will ring you. Lorna: 860191 / Pat: 860412 / Betty: 763868 / Richard: 762904.

**Dates for the diary!** We know that the holiday period is looming, but please put these in your diaries:

10 June—10.30—12.00 St Ffraid's Church Hall, Coffee morning

18 June—afternoon tea at Rectory Cottage, Rhoscolyn from 3.0—5.0pm

13 July—Quiz at the Driftwood, Trearddur Bay 7.0pm

26—30 July St Cybi's Flower Festival

If you are putting on an event, please let us know by the 25th of the month before—we'll be happy to promote you!

# Please pray for these children baptised on :

02 April : St Cybi : Elissa Rose Williams 23 April : St Cybi : Ella—Rose Landy

23 April : St Cybi : Lily Grace Yvonne Jones

30 April : St Cybi : Noah Williams

We welcome them as the newest members of our church family!