

Do not regret growing older—it is a privilege denied to many!

Join our 80+ Happy Birthday Corner!

To include someone, please get in touch now, with name and date of birth.

Happy Birthday Blessings to:

George Lees: he celebrates 89 years on 20 June!

Edith Shepherd: she celebrates 89 years on 26 June !

Tommy Williams: he celebrates 81 years on 26 June !

We wish them many more years of health and happiness !

What do we show on our cover ? As none of us can foresee a holiday over the next few weeks, let us sit in our chairs, and enjoy a wander along the Pilgrims Way. **What is a pilgrimage?** It is a spiritual journey, a time set apart from everyday life, to be spent listening to God. This pilgrimage, is perhaps the most well known in Britain, and has been in use since 1172. The distance of 153 miles, would have taken fifteen days to complete, on foot. It begins at the shrine of St Swithun, Anglo Saxon bishop and patron saint of Winchester who was born in 800 AD. It ends at the two shrines in Canterbury, one of St Augustine, who brought Christianity to Britain in 597 and became that city's first archbishop, the other of Thomas Becket. According to tradition, if it rains on Saint Swithun's bridge (Winchester) on his feast day (15 July) it will continue to rain for forty days. After his death, his shrine was a site of numerous miracles in the Middle Ages. The brutal murder of Archbishop Thomas Becket in Canterbury Cathedral on December 29, 1170, transformed him into one of the most venerated saints in Western Christendom, and his shrine instantly became a pilgrimage site. The ancient trackway between the two cities, was probably in existence as far back as the stone age, which ended around 2000 BC, and was also widely used in Roman times. Starting in Winchester, following the Roman road east to Farnham, pilgrims in the middle ages would have roughly followed what is now the A31, through Guildford, Dorking and Reigate. At Cuxton they would have crossed the River Medway, then on to Rochester, turned south east across the top of the Downs, and then north to follow the valley of the Great Stour river and on to Canterbury. Along some stretches, the pilgrims' route left the ancient trackway to encompass religious sites, such as St Martha on the Hill, the only church in Surrey to be on the Pilgrim's Way and St Catherine's chantry chapel, built in the early 14th century, some 500 metres to the south. In 2020, a small sandstone cave was discovered during work on the railway line between Guildford and Portsmouth. Several decorative niches carved into the walls are believed to be part of a medieval shrine dating to the 14th century. At Reigate the 13th century chapel of St Thomas and a hospice were built for the pilgrims' use, even though they were not actually on the route. Boxley Abbey, four miles NE of Maidstone, a Cistercian monastery founded in 1146 was another recognised detour. It really is a route packed with intrigue and medieval history! I leave you with a beautiful quotation from the previous Pope Benedict:

"To go on pilgrimage really means to step out of ourselves in order to encounter God"

We hope that you will also enjoy the next pilgrimage that will feature in the July edition. The North Wales Pilgrim Way stretches from Holywell to Bardsey. Andy John, our Bishop, has kindly provided some insightful words which will accompany the feature. He says "hello" to everyone, and continues to pray for each one of us every morning!

God's guidance is like a flashlight in a tunnel. It doesn't shine on all corners at once but gives you enough light for the next step. May God's grace, mercy and abundant blessings be upon you all today and always.

**BRO CYBI / HOLY ISLAND MINISTRY AREA
PASTORAL CARE CIRCLE
JUNE 2020**

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When you cannot come to church, the church will come to you!

Our pastoral care visiting team has grown in size, to allow us to reach out to even more people. We know that in some areas loneliness can be a huge problem, especially if your family live away, or if you are new to the area. Please don't feel that you are on your own—we are just a phone call away! Some of you might like us to call for a friendly chat, others might like to receive Holy Communion, either in your own home, in hospital or in a care or nursing home. Others prefer a telephone call, just to be reminded that we are thinking of you. Remember that if we don't know that you need us, we sadly cannot help you, so someone please get in touch on your behalf!

For anything to be included in this leaflet, please contact:

Pat: 01407 860412 or email: patriciahughes2017@gmail.com

Thank you.

Your prayers for the sick are asked for:

Sunday (in all churches): Gwen, Hannah, Huw, Alan Taylor, Helen Nason, Helen Brenan, Eric Wyn Owen. Sandra Recourt, Neil Miles, Jane Carlin, Glenys Williams, Bryan Jones.

Let us know the name of anyone who needs our prayers, and their carers.

Wednesday (St Cybi): Betty Ashton, Trevor Peacock, Angela Hillman, Menna Screech, Barbara Smith, Gwilym Lewis, Huw Thomas, Megan Morgan, Edith Shepherd, Glenys Barton, Lynda Owen, Margaret Williams.

If you need us to pray for you for any reason at all, please let us know.

Rest in Peace: 'I am the resurrection and the life' ...

Samuel Hanna, Gwendoline Kilminster, Jean Brown.

Please pray for the families and friends who grieve for their loved ones.

Grieving is nature's way of giving us time to accept the loss of those we love. It's a time to be very gentle with yourself...

Anniversaries of death:

June 07—13: Douglas Manton

June 14—20: Andrew Thomson, John Nightingale, Elizabeth Ann (Ena) Fisher, Alfred Hammond, John Bulkeley, Enid Blodwen Price

June 21- 27: Grace Nightingale, Cyril Thomas, David Martin, William Mark Gray, Janet Woolley, Florence Mary Isobel Bell, Gary Lloyd Jones.

June 28-July 04: Jane Williams, Harry Ashton.

If you have lost loved ones, and you wish to remember them in the Anniversaries of Death section, please get in touch as soon as possible. The fact that one of our clergy performed the ceremony, unfortunately does not mean that the name automatically transfers into the Anniversaries section. You need to request it please.

It is very comforting to many people, to read and hear the name remembered.

Jane writes: Our Residential and Care Homes on Ynys Cybi: As the magnitude of the challenges being faced in our Residential and Care Homes across the UK have become daily more evident this last month, we have been holding in our prayers most particularly the residents and staff of **Caledonia; Fairways; Garreglwyd; Towyn Capel and all at Penucheldre**. The patients and staff of **Ysbyty Penrhos Stanley** are also very much in need of the support of our prayers at this most difficult time.

Although we may have lost much of our previous life, to this dreadful virus, we have thankfully maybe gained much more, but in a different way! People are being more pleasant and helpful to each other. The number of community volunteers seen out and about in cars, vans and on bikes delivering to the housebound, and let's not forget those unseen folk, sitting in their homes, chatting on the phone to those who are isolating. The NHS may be ministering to the sick, but our volunteers are supporting those who are well, but staying safe at home. Thank you all! Love, care and prayer are thankfully flowing in abundance. God is good!

Remembering your loved ones at this time of Covid 19. To lose someone we love is surely one of the hardest times in our life. Particularly so when, as at this moment, we perhaps cannot say 'goodbye' in the way we would have liked. At the moment, for instance, current regulations restrict the length of the service and number of mourners permitted. All of us here in the Bro Cybi/Holy Island Ministry Team are very conscious of this and we are determined to offer ways which we hope will comfort you in your loss. We will keep you regularly updated as to our plans, although the timing of some of these will depend on when we are able to hold church services again. Please bear with us. **For more information, you are welcome to contact any member of our team.**

Interesting historical June dates. On the 8th in 1042, Harthacnut, King of England and Denmark, died drunk; he was succeeded in England by his adopted heir, Edward the Confessor, and in Denmark by Magnus, King of Norway. On the 8th in 1949 George Orwell's novel 'Nineteen Eighty-Four' was published. It was a bleak political account of the future, in which big government had created a destructive totalitarianism which denied both human values and the truth. The novel made a major impact - such that it contributed the phrase 'Big Brother' to the language - and was seen as an attack on the Soviet Union. Those who have read it think it was prophetic and ahead of its time. On the 11th, in 1509, in a private ceremony at the Palace of Placentia, Greenwich, the 18 year old English King Henry VIII married his former sister-in-law Catherine of Aragon, the first of his six wives. On the 19th in 1917, in the midst of World War 1 the British royal family renounced their German names (Saxe-Coburg-Gotha) and titles, and adopted the name of Windsor. On the 25th, in 1797, Admiral Horatio Nelson was wounded in the arm in a battle with the French and the limb amputated. This followed the loss of sight in his right eye some three years earlier.

Neil writes: Hardly a day goes by when we don't hear about the possibility of children returning to school and the numerous challenges that brings. The coronavirus crisis has brought great pressure and disruption to learning across the board. During these challenging times Ysgol Cybi, our Church school, is one of the schools in Bro Cybi which has remained open enabling certain children to be cared for and educated. Most children are learning at home using work packs provided and other innovative ways as teachers adapt and respond to work in new and different ways. The trials and tribulations of home-ed has meant admiration for teachers has greatly increased - and rightly so. Appreciation for their hard work and dedication. Our schools in Bro Cybi play an essential role in children's lives and consequently are such an important part of our community. So, during these challenging times let us hold in prayer Ysgol Cybi, Llanfawr, St. Mary's, Kingsland, Morswyn, Rhoscolyn, our Secondary School, remembering all teachers, staff, governors, children and all their families.

"Chatting round the coffee table "corner!" We send much love and belated happy birthday blessings to **Betty Williams**, a faithful member of St Cybi, who celebrated her 90th birthday on 27th May. We pray that you may enjoy many more happy and healthy years Betty. **Barbara Hobday** (St Cybi) travelled to see her daughter in **Greece** before Easter, and because of the lockdown was encouraged to stay on, maybe until July. Lucky lady! She sends everyone her love and prayers. Safe journey home Barbara! **Neil and Kay Ridings** celebrated their **25th wedding anniversary** on the 13th of May! May you enjoy many more years of health and happiness. We are so sorry not to have known in advance that **Margaret Williams**, of St Cybi, has celebrated her **89th birthday**. She has recently undergone a partial hip replacement after a fall, and is being nursed back to health by her lovely daughter. Blessings to you both! **Jane** writes that she's currently very jealous of her dog, **Robyn**, who has managed to get an appointment with *his* hairdresser in the diary for June! (Please let me know if you have anything similar to share for next month!)

Thanks for prayers answered The family of Geraldine Lee are very grateful for the improvement to her health.

We have tried our best to reach out to everyone, by delivering to them copies of these monthly PCCs, and also the packs containing reflections and sermons. We are also sending to residential homes, so that our friends there can continue to participate in the life of our churches. If you know of anyone who has not been included, but would like to be, please let Pat know: 01407 860412. Thank you!

It's not the man who has the most who gives the most away, nor yet the man who knows the most who has the most to say!